

WEST CENTRAL BREAKFAST & LUNCH MENU

February 2026

Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Omelet W/ Ketchup, Salsa & Muffin	3 Pancakes on a Stick W/ Syrup	4 Cereal & Yogurt	5 French Toast Sticks W/ Syrup	6 Cheese Omelet W/ Ketchup, Salsa & French Toast Grahams
9 Yogurt Parfait Cup & French Toast Grahams	10 Biscuits & Gravy	11 Tornadoes OR Cereal	12 Dutch Waffle W/ Syrup	13 Breakfast Pizza
16 NO SCHOOL	17 Sausage, Egg & Cheese Croissant	18 Cereal & Yogurt	19 French Toast Sticks W/ Syrup	20 Cheese Omelet W/ Ketchup, Salsa & French Toast Grahams
23 Yogurt Parfait Cup & French Toast Grahams	24 Biscuits & Gravy	25 Tornadoes OR Cereal	26 Dutch Waffle W/ Syrup	27 Breakfast Pizza

PK - 12TH GRADE

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LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Quesadilla/Salsa Side Salad w/ Dressing Peas, Applesauce Rice Krispie Treat	3 Crispitos Cheese Sauce/Salsa Refried Beans/ Green Beans, Peaches	4 Pancake sausage wraps Syrup, Hash Browns Cooked Carrots French Toast Grahams Apple Slices	5 Chicken & Noodles Mashed Potatoes w/ Butter Corn, Roll Frozen Fruit	6 Stuffed Crust Pizza Side Salad w/ Dressing Green Beans, Mixed Fruit
9 Tenderloin w/ Bun Cooked Carrots Applesauce Pickle/Onion	10 Hot Dog w/ Bun Chips, Baked Beans Pears Relish/Onion	11 Spaghetti w/ Meat Sauce Garlic Knot Side Salad w/ Dressing Corn, Frozen Fruit	12 Hot ham & cheese croissants Cheetos, String Cheese Peas, Pineapple Jell-o Cup	13 11:30 DISMISSAL NO LUNCH SERVED
16 NO SCHOOL	17 Corn Dog Green Beans Cheesy Broccoli & Cauliflower, Peaches Cheese Crackers	18 Taco in a Bag Shredded Lettuce & Cheese, Diced Tomato, Onion, Salsa, Sour Cream Refried Beans, Frozen Fruit	19 Salisbury Steaks Mashed Potatoes, Corn Butter/ Gravy, Dinner Roll Frozen Fruit	20 Chicken Strips Cooked Carrots BBQ/Ranch Pears, Cookie
23 Cheeseburger w/ Bun French Fries Baked Beans, Pears Pickle/Onion	24 Cheesy Breadsticks Marinara Sauce Corn Mixed Fruit Pudding	25 Chicken Alfredo Cooked Broccoli Bread Stick, Frozen Fruit Graham Cracker Cookie	26 Baked Potato w/ Choice of Butter Cheese Sauce, Chili Sauce, Sour Cream, Diced Ham Steamed Broccoli Bread & Butter, Frozen Fruit	27 Pizza Crunchers w/ Marinara Sauce Side Salad w/ Dressing Peas, Mandarin Oranges