

WEST CENTRAL BREAKFAST & LUNCH MENU

March 2023

Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
MENU SUBJECT TO CHANGE		1 Pancake / Syrup	2 Bagel	3 Glazed Donuts
6 Egg & Cheese Biscuit	7 Banana Bread	8 Pancake Sausage Stick / Syrup	9 Nutri - Grain Bar Pre - K - Muffin	10 Waffle / Syrup
13 Breakfast Pizza	14 Muffin	15 Pancake / Syrup	16 Bagel / Cream Cheese	NO SCHOOL
20 Egg & Cheese Biscuit	21 Poptart - Pre- K - Cereal	22 Pancake Sausage Stick / Syrup	23 Cereal Bar - Pre - K - Cereal	24 Waffle / Syrup
27 Banana Bread	28 Muffin	29 Pancake / Syrup	30 Bagel	31 Donut

Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Tenderloin Cooked Carrots Pickles, Pears	2 Taco-In-A-Bag Shredded Lettuce & Cheese Diced Tomatoes, Salsa Refried Beans, Sour Cream Frozen Fruit	3 Corn Dog Broccoli & Cheese Mixed Fruit Rice Krispie Treat
6 Teriyaki Chicken Rice, Black Beans, Roll & Butter Sweet & Sour Sauce Cooked Mixed Vegetables Mandarin Oranges	7 11:30 Dismissal SIP Day	8 Baked Spaghetti Garlic Bread, Corn Applesauce	9 Chicken Alfredo Peas, Pineapple Bread Sticks	10 Pizza Crunchers Marinara Sauce, Green Beans Mixed Fruit, Sugar Cookie
13 Hot Ham & Cheese / Bun Chips, Carrot Sticks Pineapple	14 Chicken Strips w/ BBQ Sauce/Ranch Green Beans Apple Slices, Bug Bites	15 Maidrite / Bun French Fries, Peas, Pickles Mandarin Oranges	16 Breaded Chicken Patty / Bun Macaroni & Cheese Cooked Carrots/Pears	17 NO SCHOOL
20 Pulled Pork / Bun Cooked Mixed Vegetables Applesauce	21 Cheesy Breadsticks Marinara Sauce, Green Beans Mixed Fruit Chocolate Chip Cookie	22 Hot Dog / Bun Baked Beans Cooked Carrots Pineapple	23 BBQ Rib Patty / Bun French Fries Broccoli Apricots	24 Frito Lay Chilli Bowl Shredded Lettuce & Cheese Diced Tomatoes Ranch/ French Dressing/Peaches
27 Macho Nachos Shredded Lettuce, Diced Tomatoes Cheese Sauce, Chopped Onions Salsa, Sour Cream, Frozen Fruit	28 Chicken & Noodles Mashed Potatoes Cooked Carrots, Roll & Butter Applesauce	29 Chilli Dog / Bun Chips, Corn Pears	30 Cheeseburger / Bun French Fries Green Beans Apple Slices	31 Pizza Broccoli & Cauliflower Peaches Goldfish