

WEST CENTRAL BREAKFAST & LUNCH MENU
November 2025

Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Menu is subject to change				
3 Yogurt parfait cup (granola, fruit, yogurt)	4 Biscuits & sausage gravy	5 Tornados OR Cereal	6 Dutch Waffle w/ Syrup & Yogurt	7 Breakfast Pizza
10 Muffins	11 No School	12 Cereal & Yogurt	13 French toast sticks w/ syrup	14 Omelet w/ Cheese Ketchup
17 Yogurt parfait cup (granola, fruit, yogurt)	18 Biscuits & sausage gravy	19 Tornados OR cereal	20 Cinnamon Roll & Yogurt	21 Breakfast Pizza
24 Muffins	25 Sausage, Egg, Cheese on Croissant	26 No School	27 No School	28 No School
				Milk is served daily. Fruit & Juice is served daily.

November 2025 – LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Menu is subject to change				
3 Chicken Patty w/ bun Baked Beans Peas, Applesauce	4 Crisпитos Cheese sauce/Salsa Green Beans, Pineapple Bug Bites	5 Mini Pancake/Sausage wraps, Cheese Omelet Hashbrown, Syrup Bell Pepper Strips Frozen Fruit	6 Chicken Alfredo Cooked Broccoli Bread Stick Pears	7 Stuffed Crust Pizza Lettuce/Spinach Salad Ranch/French Dressing Carrot Sticks, Mixed Fruit
10 Cheeseburger w/ bun French Fries Corn, Pears Pickle/Onion	11 No School	12 Grilled Chicken w/ Bun Baked Beans Carrot Sticks/Ranch Mixed Fruit	13 Cheesy Taco Taters Peas Dinner roll, Butter Applesauce	14 Pizza Crunchers Marinara Sauce Green Beans Peaches Choc Chip Cookie
17 Frito Chip Chili Bowl Shredded lettuce & Cheese, Onion Diced Tomato Frozen Fruit	18 Hot Ham & Cheese on Croissant, Cheetos String Cheese Peas, Apple Slices	19 Spaghetti w/ Meat Sauce, Garlic Bread Peas Pears	20 Chicken Drummies Macaroni and cheese Corn, Mixed Fruit Roll/Butter Jello Cake	21 Mexican Pizza Lettuce/Spinach Salad Ranch/French Dressing Green Beans, Applesauce
24 Hot Dog w/ Bun Chips Baked Beans Mandarin Oranges	25 Tenderloin w/ Bun Green Beans, Peaches Pickle/Onion	26 No School	27 No School	28 No School
		Fruit/Veggie Bar offered Daily for MS,HS	Salad Bar offered Daily for elementary	Milk is served daily For everybody