WEST CENTRAL | NOVEMBER 2026

PK–12 LUNCH MENU

Milk is served daily • FREE fruit & veggie bar daily • Menu is subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NOV 2 Chicken Patty on WG Bun Peas, Baby Carrots Fruit	**NOV 3** Creamy Mac & Cheese WG Breadstick Cooked Carrots Fresh Broccoli & Fruit	**NOV 4** Loaded Beef Nachos WG Tortilla Chips Lettuce, Cheese, Onion & Tomato Salsa, Sour Cream Corn Bread Muffin, Fruit	**NOV 5** Chicken Strips Mashed Potatoes with Gravy/Butter Green Beans, Fruit WG Dinner Roll	**NOV 6** Crispitos w/ Cheese Sauce Refried Beans, Peas Lettuce, Tomato, Salsa Fruit
NOV 9 Chicken Alfredo Rotini WG Garlic Knot Steamed Broccoli Baby Carrots, Fruit	**NOV 10** Maid-Rite on WG Bun Tater Tots Green Beans & Fruit Pickle/Onion	**NOV 11** **NO SCHOOL**	**NOV 12** Hot Dog w/ WG Bun Baked Lays Baked Beans, Broccoli Fruit, Relish, Onion	**NOV 13** Pizza Crunchers Warm Marinara Sauce Romaine Salad w/ Dressing Corn, Fruit
NOV 16 Cheeseburger on WG Bun Lettuce, Sliced Tomato, Onion & Pickles Seasoned Fries, Baked Beans Fruit	**NOV 17** Corn Dog Chips, Corn Cucumber Slices, Fruit	**NOV 18** Taco In A Bag - Doritos Cheese, Lettuce, Tomato Onion, Salsa, Sour Cream Refried Beans & Fruit Graham Cracker Cookie	**NOV 19** Boneless Chicken Drummies Mac & Cheese Green Beans WG Dinner Roll, Fruit Ice Cream Cup	**NOV 20** **NO SCHOOL**
NOV 23 Grilled Chicken on WG Bun Baked Beans Broccoli & Cauliflower Fruit	**NOV 24** **1:00 DISMISSAL** WG Stuffed Crust Pizza Cottage Cheese Green Beans, Baby Carrots Fruit	**NOV 25** **NO SCHOOL**	**NOV 26** **NO SCHOOL**	**NOV 27** **NO SCHOOL**
NOV 30 Frito Chip Chili Bowl - Fritos Chili, Cheese, Lettuce, Tomato Onion, Corn Bread Muffin Carrot & Celery Sticks Fruit	**DEC 1** Tenderloin on WG Bun Tater Tots Green Beans, Fruit Pickle, Onion	**DEC 2** Cheesy Breadsticks Warm Marinara Sauce Romaine Salad w/ Dressing Baby Carrots & Fruit	**DEC 3** Mini Pancake/Sausage Wraps w/ Syrup, Hash Brown Yogurt Cup Baby Carrots & Fruit	**DEC 4** Pizza Bites Warm Marinara Sauce Corn, Baby Carrots Fruit

Giving thanks for good food, great students & our West Central community!

WEST CENTRAL | NOVEMBER 2026

PK–12 BREAKFAST MENU

Milk and fruit served daily • Menu is subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NOV 2 Yogurt Parfait w/ Granola Pre-K: Yogurt & French Toast Grahams	**NOV 3** Tornadoes & Cereal	**NOV 4** Cheese Omelet & Hash Brown w/ Ketchup & Salsa	**NOV 5** Mini Pancakes w/ Syrup & Sausage Patty	**NOV 6** Bacon Egg & Cheese Biscuit
NOV 9 Muffins & Yogurt	**NOV 10** Breakfast Pizza	**NOV 11** NO SCHOOL	**NOV 12** Sausage Egg & Cheese Croissant	**NOV 13** Pancake Sausage on a Stick w/ Syrup
NOV 16 Yogurt Parfait w/ Granola Pre-K: Yogurt & French Toast Grahams	**NOV 17** Tornadoes & Cereal	**NOV 18** Cheese Omelet & Hash Brown w/ Ketchup & Salsa	**NOV 19** Mini Pancakes w/ Syrup & Sausage Patty	**NOV 20** NO SCHOOL
NOV 23 Muffins & Yogurt	**NOV 24** 1:00 DISMISSAL Breakfast Pizza	**NOV 25** NO SCHOOL	**NOV 26** NO SCHOOL	**NOV 27** NO SCHOOL
NOV 30 Yogurt Parfait w/ Granola Pre-K: Yogurt & French Toast Grahams	**DEC 1** Tornadoes & Cereal	**DEC 2** Cheese Omelet & Hash Brown w/ Ketchup & Salsa	**DEC 3** Biscuit w/ Gravy & Sausage Patty	**DEC 4** Bacon Egg & Cheese Biscuit

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