

WEST CENTRAL BREAKFAST & LUNCH MENU

October 2025

Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Menu is subject to change		1 Cereal & Yogurt	2 French toast sticks w/ syrup	3 Omelet with cheese Ketchup
6 Yogurt parfait cup (granola,fruit, yogurt)	7 Biscuits & sausage gravy	8 Tornados OR cereal	9 Chocolate Lava Bites	10 Breakfast Pizza
13 No School	14 Pancake on a stick Syrup	15 Cereal & Yogurt	16 French toast sticks w/ syrup	17 Omelet with cheese Ketchup
20 Yogurt parfait cup (granola,fruit, yogurt)	21 Biscuits & sausage gravy	22 Tornados OR cereal	23 Chocolate Lava Bites	24 No School
27 Muffins	28 Pancake on a stick Syrup	29 Cereal & Yogurt	30 French toast sticks w/ syrup	31 Omelet with cheese Ketchup
				Milk is served daily. Fruit is served daily. Juice is served M,W,F.

October- PK - 12 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Milk is served daily Salad bar offered daily		1 Chicken Patty w/ Bun Baked Beans Peas Applesauce	2 Chicken Alfredo Cooked Broccoli Bread Stick Pears	3 Stuffed Crust Pizza Lettuce/Spinach Salad Ranch/French Dressing Carrot Sticks Mixed Fruit
6 Taco in a bag Shred Lettuce & Cheese, Onion, Salsa Tomato, Sour Cream Refried Beans Frozen Fruit	7 Pizza Burger Cheese Stick Cooked Carrots Apple Slices	8 Corn Dog Broccoli & Cauliflower/Ranch Mandarin Oranges	9 Cheeseburger w/ Bun French Fries Corn Pickle/Onion Pears	10 Pizza Crunchers Marinara Sauce Green Beans Peaches Cookie
13 No School	14 Grilled Chicken w/ Bun Baked Beans Carrot sticks Pineapple	15 Crisпитos Cheese Sauce/Salsa Green Beans Mixed Fruit	16 BBQ Rib Patty w/ Bun Peas Pickle/Onion Mandarin Oranges	17 Mexican Pizza Lettuce/Spinach Salad Ranch/French Dressing Green Beans Applesauce
20 Chicken Strips Cooked Carrots BBQ/Ranch Rice Krispie Treat Applesauce	21 Chicken & Noodles Mashed Potatoes/Butter Corn, Roll Frozen Fruit	22 Cheesy Meatball Sandwich Chips Peas Peaches Pickle Spear	23 Maidrite w/ Bun Tater tots Broccoli & Cauliflower w/Ranch Pickle/Onion Mixed Fruit	24 No School
27 Cheesy Breadsticks Green Beans Marinara Sauce Cookie Applesauce	28 Tenderloin w/ bun Green Beans pickle/onion Peaches	29 Beef Ranchero Pizza Doritos Side Salad w/ dressing Mandarin Oranges	30 Chili Soup Crackers Grilled Cheese Carrots/Celery Sticks Frozen Fruit	31 Hot Dog or Chili Dog w/Bun Baked Beans Relish/Onion Sliced Apples