

Fifth Annual West Central Middle School



Glow Run



Tuesday, November 5th, 2019

WCMS GLOW RUN IS A 2 MILE FUN RUN/WALK AROUND STRONGHURST. ALL MONEY RAISED AT THIS EVENT WILL BE USED FOR OUR PBIS (POSITIVE BEHAVIOR/REWARD) PROGRAM, FIELD DAY AND OUTDOOR RECREATION.

NEW THIS YEAR IS OUR KIDDIE RACE FOR AGES 2-4 AND 5-7. KIDS WILL RUN ONE LAP CREATED IN THE FRONT OF THE SCHOOL. THE RACE IS FREE OF CHARGE UNLESS YOU WOULD LIKE A SHIRT, THEN THE COST IS \$10.

RELAY COMPETITION IS ALSO NEW THIS YEAR. RACE AGAINST OTHER RELAY TEAMS FOR THE WIN. TEAMS CONSIST OF FOUR RUNNERS. EACH RUNNER WILL RUN $\frac{1}{2}$ A MILE. RUNNERS MUST BE AT THE SCHOOL BY 5:50 TO GET INTO POSITION.

REGISTRATION: 5:00 PM KIDDIE RACE: 5:30 PM RACE START: 6:00 PM

ENTRY FEE: \$10 (K-12), \$15(ADULTS)

STUDENT RELAY TEAM: \$32 (\$8/RUNNER SHIRT INCLUDED)

ADULT RELAY TEAM: \$52 (\$13/RUNNER SHIRT INCLUDED)

T-SHIRTS FOR THOSE WHO REGISTER BY OCTOBER 22, 2019

(T-SHIRTS GUARANTEED ONLY TO THOSE WHO PRE-REGISTER!)

RACE DAY PACKAGE INCLUDES GLOW NECKLACES. WEAR AS MUCH GLOW AS YOU CAN!

NO INDIVIDUAL TIMES WILL BE KEPT. MAKE CHECKS PAYABLE TO WEST CENTRAL.

CHILDREN UNDER 10 NEED TO BE ACCOMPANIED BY AN ADULT DURING THE RUN.

RETURN FORM (BACK PAGE) WITH PAYMENT.



Please Circle One

Student Racer \$10 Adult Racer \$15

Student Relay Runner \$8 Adult Relay Runner \$13

NAME: _____ **AGE:** _____

PHONE: _____ **EMAIL:** _____

Relay Team Name (if on a team) _____

T-SHIRT: CHILD S M L ADULT S M L XL 2XL 3XL

(CIRCLE ONE)

(\$2 ADDITIONAL CHARGE FOR 2X AND 3X)

TURN THIS FORM WITH PAYMENT IN TO ANY WEST CENTRAL SCHOOL OFFICE OR MAIL TO:

WCMS- PO BOX 179, STRONGHURST, IL 61480 – C/O JOE PETERS

OR REGISTER THE DAY OF THE EVENT (T-SHIRTS ONLY GUARANTEED TO THOSE PREREGISTERED BY 10/22/19)

Waiver: I acknowledge and represent that I am physically fit and sufficiently trained to participate in an event of this nature. I accept full responsibility for any injury or accident resulting from my participation in this event and release from any and all liability the West Central School District, all race sponsors and any race officials.

Signature _____

Parent Signature if (runner is under 18 years old)

Emergency Contact for Student _____

